

Payette School

Monday	Tuesday	Wednesday	Thursday	Friday
		Feb - 1 BURRITO TACO SALAD SWEET CORN FRUIT AND VEGGIE COOKIE, CHOCOLA MILK VARIETY SALSA	Feb - 2 SLICED ROAST BE MASHED POTATOE GRAVY, WS, AND H FRUIT AND VEGGIE bread MILK VARIETY	Feb - 3 BBQ Beef Sandwich SALAD BAR GREEN SALAD RANCH DRESSING FRUIT AND VEGGIE MILK VARIETY
		Nutrients Target Cals... 836 125% Prot 28.2*g 13.5%Cal Carb 128.8*g 61.7%Cal	Nutrients Target Cals... 635 95% Prot 35.6*g 22.4%Cal Carb 98.8*g 62.2%Cal	Nutrients Target Cals... 608 91% Prot 27.4*g 18.0%Cal Carb 88.1*g 58.0%Cal
Feb - 6 PIZZA, CHEESE 96 GREEN BEANS FRUIT AND VEGGIE MILK VARIETY	Feb - 7 HAMBURGER, HS LETTUCE ,SHREDD PICKLES, SLICED FRENCH FRIES FRUIT AND VEGGIE MILK VARIETY CATSUP MUSTARD	Feb - 8 CRISPITOS, CHICK' ENCHALADA, SAUC CHEESE BLEND HS SALAD BAR SWEET CORN FRUIT AND VEGGIE MILK VARIETY SALSA	Feb - 9 TURKEY AND NOO GREEN BEANS FRUIT AND VEGGIE bread MILK VARIETY	Feb - 10 CHILI CON CARNE SALAD BAR GREEN SALAD RANCH DRESSING PEACHES cinnamon knot MILK VARIETY
Nutrients Target Cals... 689 103% Prot 29.0*g 16.8%Cal Carb 105.8*g 61.4%Cal	Nutrients Target Cals... 837 125% Prot 37.8*g 18.1%Cal Carb 118.2*g 56.5%Cal	Nutrients Target Cals... 640 96% Prot 25.3*g 15.8%Cal Carb 95.7*g 59.9%Cal	Nutrients Target Cals... 689 103% Prot 35.9*g 20.8%Cal Carb 107.5*g 62.4%Cal	Nutrients Target Cals... 654 98% Prot 34.1*g 20.8%Cal Carb 84.2*g 51.5%Cal
Feb - 13 FINGERSTEAKE Carrots FRUIT AND VEGGIE bread MILK VARIETY CATSUP	Feb - 14 Golden Chicken San LETTUCE ,SHREDD WINTER MIX FRUIT AND VEGGIE MILK VARIETY CATSUP	Feb - 15 TACO,BEEF,ws 2 ta TACO SALAD SWEET CORN FRUIT AND VEGGIE BROWNIE, WESTSI MILK VARIETY SALSA	Feb - 16 Chicken Fillet MASHED POTATOE GRAVY, WS, AND H FRUIT SALAD bread MILK VARIETY	Feb - 17 *NO LUNCH
Nutrients Target Cals... 718 108% Prot 29.0*g 16.2%Cal Carb 104.5*g 58.3%Cal	Nutrients Target Cals... 757 113% Prot 35.8*g 18.9%Cal Carb 124.5*g 65.8%Cal	Nutrients Target Cals... 799 120% Prot 31.2*g 15.6%Cal Carb 112.8*g 56.5%Cal	Nutrients Target Cals... 666 100% Prot 33.5*g 20.1%Cal Carb 112.1*g 67.3%Cal	Nutrients Target Cals... 0 0% Prot 0.0*g 0.0%Cal Carb 0.0*g 0.0%Cal
Feb - 20 *NO LUNCH	Feb - 21 *NO LUNCH	Feb - 22 TOSTADO, BEEF SALAD BAR SWEET CORN FRUIT AND VEGGIE SNICKERDOODLE MILK VARIETY SALSA	Feb - 23 CHICKEN FRIED ST MASHED POTATOE GRAVY, WS, AND H JELLO WITH FRUIT bread MILK VARIETY	Feb - 24 FISH STICKS SALAD BAR POTATO WEDGES APPLE bread MILK VARIETY TARTAR SAUCE,

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

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Monday			Tuesday			Wednesday			Thursday			Friday		
Nutrients	Target		Nutrients	Target		Nutrients	Target		Nutrients	Target		Nutrients	Target	
Cals...	0		Cals...	0		Cals...	716		Cals...	750		Cals...	711	
	0%			0%			107%			112%			107%	
Prot	0.0*g	0.0%Cal	Prot	0.0*g	0.0%Cal	Prot	27.7*g	15.5%Cal	Prot	32.0*g	17.1%Cal	Prot	32.9*g	18.5%Cal
Carb	0.0*g	0.0%Cal	Carb	0.0*g	0.0%Cal	Carb	104.3*g	58.3%Cal	Carb	103.5*g	55.2%Cal	Carb	96.2*g	54.1%Cal
Feb - 27			Feb - 28			Feb - 29								
CHICKEN NUGGET GREEN BEANS FRUIT AND VEGGIE bread MILK VARIETY CATSUP			Grilled Cheese TOMATO SOUP WINTER MIX PEARS MILK VARIETY			BURRITO SALAD BAR SWEET CORN FRUIT AND VEGGIE COOKIE, CHOCOLA MILK VARIETY SALSA								
Nutrients	Target		Nutrients	Target		Nutrients	Target							
Cals...	652		Cals...	611		Cals...	725							
	98%			92%			109%							
Prot	32.2*g	19.8%Cal	Prot	29.6*g	19.3%Cal	Prot	23.5*g	12.9%Cal						
Carb	104.1*g	63.9%Cal	Carb	81.2*g	53.1%Cal	Carb	123.0*g	67.9%Cal						

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