

# Payette School

Monday	Tuesday	Wednesday	Thursday	Friday
		Feb - 1 Cheese Omelet ASSORTED CEREA toast Cheese Stick YOGURT Breakfast Cookie, lar FRUIT JUICE MILK VARIETY	Feb - 2 YOGURT BAR, mcc Pumpkin Cinnamon ASSORTED CEREA toast Cheese Stick FRUIT JUICE milk white ws	Feb - 3 BREAKFAST PIZZA ASSORTED CEREA toast Cheese Stick FRUIT milk white ws
		Nutrients                      Target Cals...                      511 102% Prot    20.0g    15.7%Cal Carb    74.8g    58.6%Cal	Nutrients                      Target Cals...                      518 104% Prot    16.9g    13.1%Cal Carb    92.1g    71.1%Cal	Nutrients                      Target Cals...                      475 95% Prot    18.7g    15.8%Cal Carb    69.7g    58.7%Cal
Feb - 6 DONUT FROSTING Cheese Stick ASSORTED CEREA toast JUICE FRUIT milk white ws	Feb - 7 FRENCH TOAST ST SYRUP, PANCAKE ASSORTED CEREA toast Cheese Stick FRUIT JUICE MILK VARIETY	Feb - 8 SCRAMBLED EGGS Little Smokies toast ASSORTED CEREA FRUIT JUICE MILK VARIETY	Feb - 9 BREAKFAST BURRI Muffin,Apple Cinnam ASSORTED CEREA toast Cheese Stick FRUIT JUICE MILK VARIETY	Feb - 10 BREAKFAST PIZZA ASSORTED CEREA toast Cheese Stick FRUIT milk white ws
Nutrients                      Target Cals...                      551 110% Prot    21.2g    15.4%Cal Carb    72.8g    52.8%Cal	Nutrients                      Target Cals...                      626 125% Prot    15.5g    9.9%Cal Carb    121.0g    77.4%Cal	Nutrients                      Target Cals...                      486 97% Prot    18.8g    15.5%Cal Carb    74.9g    61.6%Cal	Nutrients                      Target Cals...                      464 93% Prot    17.0g    14.6%Cal Carb    76.4g    66.0%Cal	Nutrients                      Target Cals...                      475 95% Prot    18.7g    15.8%Cal Carb    69.7g    58.7%Cal
Feb - 13 DONUT FROSTING Cheese Stick ASSORTED CEREA toast JUICE FRUIT milk white ws	Feb - 14 BELGIAN WAFFLE SYRUP, PANCAKE STRAWBERRIES ASSORTED CEREA toast Cheese Stick FRUIT JUICE milk white ws	Feb - 15 Cheese Omelet ASSORTED CEREA toast Cheese Stick YOGURT Breakfast Cookie, lar FRUIT JUICE MILK VARIETY	Feb - 16 YOGURT BAR, mcc Pumpkin Cinnamon ASSORTED CEREA toast Cheese Stick FRUIT JUICE milk white ws	Feb - 17 BREAKFAST PIZZA ASSORTED CEREA toast Cheese Stick FRUIT milk white ws
Nutrients                      Target Cals...                      551 110% Prot    21.2g    15.4%Cal Carb    72.8g    52.8%Cal	Nutrients                      Target Cals...                      552 110% Prot    16.2g    11.8%Cal Carb    101.1g    73.2%Cal	Nutrients                      Target Cals...                      511 102% Prot    20.0g    15.7%Cal Carb    74.8g    58.6%Cal	Nutrients                      Target Cals...                      518 104% Prot    16.9g    13.1%Cal Carb    92.1g    71.1%Cal	Nutrients                      Target Cals...                      475 95% Prot    18.7g    15.8%Cal Carb    69.7g    58.7%Cal

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 20  *NO BREAKFAST	Feb - 21  *NO BREAKFAST	Feb - 22  SCRAMBLED EGGS Little Smokies toast ASSORTED CEREAL FRUIT JUICE MILK VARIETY	Feb - 23  BREAKFAST BURRI Muffin,Apple Cinnam ASSORTED CEREAL toast Cheese Stick FRUIT JUICE MILK VARIETY	Feb - 24  BREAKFAST PIZZA ASSORTED CEREAL toast Cheese Stick FRUIT milk white ws
Nutrients            Target Cals...            0 0% Prot    0.0g    0.0%Cal Carb    0.0g    0.0%Cal	Nutrients            Target Cals...            0 0% Prot    0.0g    0.0%Cal Carb    0.0g    0.0%Cal	Nutrients            Target Cals...            486 97% Prot    18.8g    15.5%Cal Carb    74.9g    61.6%Cal	Nutrients            Target Cals...            464 93% Prot    17.0g    14.6%Cal Carb    76.4g    66.0%Cal	Nutrients            Target Cals...            475 95% Prot    18.7g    15.8%Cal Carb    69.7g    58.7%Cal
Feb - 27  DONUT FROSTING Cheese Stick ASSORTED CEREAL toast JUICE FRUIT milk white ws	Feb - 28  BELGIAN WAFFLE SYRUP, PANCAKE STRAWBERRIES ASSORTED CEREAL toast Cheese Stick FRUIT JUICE milk white ws	Feb - 29  Cheese Omelet ASSORTED CEREAL toast Cheese Stick YOGURT Breakfast Cookie, lar FRUIT JUICE MILK VARIETY		
Nutrients            Target Cals...            551 110% Prot    21.2g    15.4%Cal Carb    72.8g    52.8%Cal	Nutrients            Target Cals...            552 110% Prot    16.2g    11.8%Cal Carb    101.1g    73.2%Cal	Nutrients            Target Cals...            511 102% Prot    20.0g    15.7%Cal Carb    74.8g    58.6%Cal		

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

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